

Earthquake Preparedness Essentials

Family Safety Plans

- Designate in-state & out-of-state contact
- Have an annual family safety meeting
- Discuss children safety plans with school
- Coordinate neighborhood plans
- Make copies of important documents
- Have cash available
- Keep at least a half tank of gas in all cars

"Grab & Go Kit"

Store one kit in a location with easy access from the outside.

Store one kit in each family automobile

- food (extended shelf-life)
- water
- blanket
- flashlight with batteries
- lightstick
- (or even better, a crank flashlight)
- work gloves, dust mask or N95
- hygiene supplies
- large trash bags
- first aid supplies
- body warmers
- notepad with pencil
- swiss army type knife
- whistle.
- pocket radio (solar, crank style preferred)
- warm clothes
- sturdy shoes and socks
- waterproof matches
- notepad & pencil
- your family emergency plan

"Under the Bed" Supplies"

Sturdy gloves and shoes, dust mask, eye wash, flashlight, crow bar, sledge hammer, warm clothes

"2-Week Home Supplies"

A large 30-gallon trash can or rubbermaid container is ideal. Ideal if container is located against a back fence away from the house.

- food and eating utensils
- foil, plastic wrap, ziplock bags
- can opener, cooking units
- water, water purification tablets
- portable water purification system
- blankets or sleeping bags
- work gloves, dust masks
- extra clothing and shoes
- flashlights with batteries
- multi-purpose knife
- waterproof matches
- lightsticks (12-hour preferred)
- pocket radio (solar-crank style)
- whistles, compass
- notepad with pen, marker
- family reunion instructions
- family photograph
- extra prescription, medication
- extra pair of eyeglasses
- baby formula with bottles
- vitamin supplements,
- pet food with can opener
- fire extinguisher
- cash (\$100 in small bills plus a roll of quarters for phone calls)
- large plastic bags, duct tape
- family tent or large tarp, rope
- portable toilet, waste liners
- toilet paper, disinfectant, shovel
- hygiene supplies
- container of baby wipes
- first aid kit with ice packs
- clear mouth barrier for CPR
- pet supplies and container



Procrastinate

No

Longer!

